GOLF COACHING DURING THE CORONAVIRUS PANDEMIC

A large number of Golf activities in Sweden have good possibilities, with small preventative actions, to still be operational.

Our total handling of the Corona pandemic is governed by the Public health authority (Folkhälsomyndigheten (FHM)) and the Sport Confederation. Golf is an outdoor activity with low physical interaction between people, thanks to the large open areas required to play the game.

It is of the utmost importance that we all follow the recommendations given by the authorities. Therefore, the PGA of Sweden has developed a checklist as support and guide for PGA Professionals in their work with a reduction of the risk of spreading the virus.
(Under the current circumstances things may change quickly so it is important for everyone to stay updated on the current recommendations of the Public health authority www.folkhalsomyndigheten.se).

GENERAL INSTRUCTIONS TO LIMIT THE RISK OF SPREADING THE VIRUS

- Stay at home if you feel any symptoms such as a cold, cough, fever or illness
- Wash your hands thoroughly before and after each lesson/session
- Cough in your elbow/armpit
- Avoid touching your eyes, nose or mouth
- Use disinfectant liquid or gel if possible
- Discourage people in risk groups to participate
- Create a routine for 24 hours in advance in which you send out information about how to reduce the risk of spreading the virus
- Avoid lending out material and equipment, when needed create the possibilities for cleaning/wiping off with disinfectant liquid
- Customize the teaching/sessions to avoid physical contact
- Ensure that no student shows any symptoms
- Encourage playing lessons on the course

For group lessons/junior practice then also keep in mind:

- Avoid gathering in groups of more than 25 people according to the guidelines from the Sport Confederation (RF)
- Avoid gathering indoors
- Try to keep a minimum of 2 meters between people

WE PLAY AND PRACTICE GOLF BUT WE DO IT SAEFLY!